

MCLB ALBANY SAFETYGRAM


National Playground Safety Week

Safe playground equipment and adult supervision are extremely important, but it's only half of the equation. Children also must know how to be safe and act responsibly at the playground.


HERE ARE SOME GENERAL PLAYGROUND SAFETY TIPS FOR *KIDS* :

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- Stay within the playground area
 - Never push or shove while on jungle gyms, slides, seesaws, swings, and other equipment
 - Use equipment properly – slide feet first, do not climb outside guardrails, do not stand on swings
 - Do not jump off equipment
 - Tell your parent(s) or teacher about broken things or broken glass on the playground
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- Never use playground equipment if it is wet or slippery unless it is designed accordingly
 - Feel the equipment before using it; if it feels hot to the touch, it's probably not safe for use
 - Do not wear clothes with drawstrings while on playground equipment, as it may lead to strangulation
 - Wear sunscreen when playing outside even on cloudy days to prevent sunburn

...AND HERE ARE SOME GENERAL PLAYGROUND SAFETY TIPS FOR *ADULTS*:

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- Make sure there's no faulty equipment, improper surfaces, and /or careless behavior in the playground or immediate play area
 - Call 911 from a Base Phone or (229) 639-5911 from a cell phone while on Base if an injury occurs
 - Do not get distracted (i.e. cell phone) while supervising children at the playground

For more information about playground safety, click [HERE](#)



Tip of the week: the safety of those you **love**
and **care** for is nothing to **play** with!

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